

Nodarbības

	<i>pirmdiena</i>	<i>otrdiena</i>	<i>trešdiena</i>	<i>ceturtdiena</i>	<i>piektdiena</i>	<i>sestdiena</i>	<i>svētdiena</i>
08:00:00							
09:00:00							
09:15:00							
09:45:00						Body architect (09:15)	
10:00:00							
10:00:00		Pilates	Pilates	Pilates	Pilates	Pilates (10:30)	
10:15:00							
11:00:00							
11:00:00						STEP (11:45)	
11:15:00							
11:15:00							
11:30:00							
12:00:00							
12:15:00							
12:15:00							
13:00:00							
13:15:00							
14:00:00							
15:00:00							
16:00:00							
17:00:00							
17:30:00							
18:00:00							
18:00:00	STEP aerobika	Body architect	Hatha yoga (18:00)	Body architect	Power Step		
18:30:00							
19:00:00	INTERVAL (19:15-20:15)	APĻA TREIŅŠ (19:15)	STEP (19:00)	GRIP (19:15-20:00)	Pilates		
19:00:00							
19:30:00		ZUMBA (20:15)	Pilates (20:00)	GRIP (20:15-21:00)	LATIN fitness		LATIN fitness
20:00:00							
20:00:00							
20:30:00							
21:00:00							